

September 2023



Monday

K-8 Lunch & Breakfast Menu

Tuesday

Wednesday

Thursday

Friday

Additional Entree Choices

Monthly Entrée NEW
Turkey Italian Wrap

Grab & Go:

• **Elementary:**
Yogurt, String Cheese, Blueberry Muffin, Fruit, and Vegetable

• **Middle School:**
Chef Salad with Blueberry Muffin

CHOW OPTIONS Grades 7 & 8 only

- 8/28 - BBQ Rib Sandwich
- 9/4 - Meatball Sub
- 9/11 - Cheeseburger
- 9/18 - Italian Sub
- 9/25 - Kielbasa

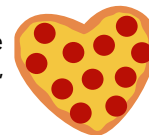
MEAL PRICES

Breakfast:
\$.00 BIC

Lunch:
\$2.95 paid, \$.00 reduced

**CELEBRATE
NATIONAL
PEPPERONI
PIZZA DAY!**

DVUSD pizza is rich in whole grains, providing our students with fiber to keep them full and focused. School pizza is among the top four sources of calcium, protein and fiber in diets of those under 18. One slice of DVUSD pizza, has less than 350 calories, a whole grain crust, calcium, potassium, protein and fiber, and is served with fruits, vegetables and low-fat milk for a healthy balanced lunch.



11 Chicken Nuggets
Potato Smiles
Fruit Cocktail
**Food & Nutrition
Educational Snacks**

18 **Breakfast for Lunch**
Chocolate Chip Waffle
Sausage Links
Garbanzo Bean Salad
Mixed Fruit Cocktail



5 Cheesy Beef NEW
Tot-chos
Texas Toast
Ranchero Beans
Applesauce Cup

12 Beef Taquito
Bean Dip
Salsa Cup
Peach Applesauce Cup

19 Beef Soft Tacos
Street Corn
Applesauce Cup

26 Chicken Tenders
Pretzel GoldFish
Fresh Steamed Baby Carrots
Chilled Peaches

6 Personal Pan
Cheese Pizza
Fresh Carrot Sticks
Pineapple Chunks

13 Personal Pan
Cheese Pizza
Romaine Salad
Fresh Apple Slices

20 **National Pepperoni
Pizza Day!**
Stuffed Crust
Turkey Pepperoni
Pizza
Romaine Salad
Assorted Fresh Fruit

27 Personal Pan
Cheese Pizza
Romaine Salad
Fresh Orange Wedges

7 Spaghetti & Turkey NEW
Meatballs
Dinner Roll
Romaine Salad
Fresh Grapes

14 Orange Chicken
Brown Rice
California Blend
Vegetables
Assorted Fresh Fruit

21 Macaroni & Cheese
Chocolate Grahams
Roasted Cauliflower
Fresh Melon

28 Turkey Meatballs NEW
in Gravy
Mash Potatoes
Texas Toast
Fresh Watermelon

1 Pulled Pork
Sandwich
Seasoned Fries
Frozen Fruit Cup

8 Crispy or Spicy
Chicken Sandwich
Fresh Cucumber
Slices
Fresh Apple Slices

15 Cheeseburger
Carrot Sticks & Red
Pepper Strips
in Ranch Dip
Frozen Fruit Slush

National States & Capitals Day
Popcorn Chicken
Seasoned Sweet
Potato Fries
Fresh Grapes
**States & Capitals
Educational Snack**

29 Beef Hot Dog
Fresh Veggies in
Ranch Dip
Frozen Fruit Slush

Breakfast



in the Classroom:

M- Oatmeal Choc.
Chip Bar

T- Chocolate Chip
Muffin

W- Bagel & Cream
Cheese

TH- Mini Powdered
Donuts

F- Bacon, Egg, &
Sausage Flatbread

Assorted cold
cereal with string
cheese or grahams
offered daily.
Meals also include
fruit, juice & milk.

FRESH SIDES



Fresh baby carrots
and garden side
salads are offered
daily in addition to
the featured daily
vegetable.

MILK



Local fat-free and
1% white or non-
fat chocolate
milk available
daily

NEW New Pork Vegetarian

This institution is an equal opportunity provider. Menu subject to Change. DVUSD Food & Nutrition Staff is proud to serve meals to your students.

